



Top 10 E-Safety Tips

1. Talk to your daughter little and often about her online experiences
2. Take an interest in what your daughter does online
3. Let your daughter show you how to engage in the online world. She knows more than you think
4. Learn who your daughter talks to online
5. Set boundaries and mutually agreed rules
6. Ensure your daughter only views content that reflects her age
7. Use parental controls to filter, restrict, monitor and report
8. Protect your daughter's personal information
9. Instil confidence in your daughter to deal with online safety concerns
10. Be non judgemental about e-safety situations

